

		Handgun Starting Positions			AR15 Starting Position	Description
DRILLS	Distance (yards)	Compressed Ready	Duty Holster	Concealed Holster	Low Ready	
Single Shot	5	1 sec	1.5 sec	1.8 sec	.9 sec	1 to chest (8 inch circle)
Box Drill		4 sec	5 sec	5.5 sec	4 sec	2 to left target chest followed by 2 to right target chest. (1 yard apart) 1 to right target head, 1 to left target head.
Failure to Stop	7	2.5 sec	2.8 sec	3 sec	1.9 sec	2 to chest, 1 to head.
Bill Drill		3 sec	3.5 sec	4 sec	2.2 sec	6 to chest
F.A.S.T. Drill		5.5 sec	6.5 sec	7 sec	5 sec	2 to head, Speed Reload, 4 to chest

Name:

Date:

Firearm:

Caliber:

Sights:

Starting Position:
(Choose One)

Compressed Ready	Open Carry Holster	Concealed Carry Holster
Low Ready	High Ready	Bench/Table

		Attempt 1	Attempt 2	Attempt 3	AVERAGE	BEST
Single Shot	5 yards					
Box Drill						
Failure To Stop	7 yards					
Bill Drill						
F.A.S.T. Drill						